

# Recovery Foundations for GALs & CASAs

## A 3 part learning series approved by the GAL Board for 18 CEUS

Addiction has taken a toll on families and all child welfare workers. In this course you will learn that improved outcomes can be achieved by all community partners learning about recovery from those who survived it. This course will provide foundational understanding of the process of recovery. Participants will learn about behaviors of addiction, why do people return to use under such severe circumstances, and stages of recovery, plus more. Your work is vital; and you can improve outcomes for children by learning more about recovery. Participants will hear from parents previously involved with all 3 roles of child welfare (CPSW, GAL, CASA) who have reunified and maintain recovery.

### Day 1 – April 29<sup>th</sup>, 2020; 8:30am – 4:00pm

- Gain a fundamental understanding of the brain science of addiction – in language you can understand
- Learn the common behaviors of
- Learn how implicit biases and the words that are spoken cause life-threatening results
- Define Recovery

### Day 2 – June 4<sup>th</sup>, 2020; 8:30am – 4:00pm

- Learn obstacles and barriers of recovery in real life
- Learn the stages of change and the stages of recovery
- Learn the role of a recovery coach and role clarity in behavioral health
- Understand the term 'Pathways of Recovery'

### Day 3 – July 8<sup>th</sup>, 2020; 8:30am – 4:00pm

- Learn Harm Reduction ideology and Moderation versus abstinence
- Understand relapse, slip, and return to use
- Learn the foundations of Motivational Interviewing and active listening

## Who Should Attend:

- GALs,
- CASAs,
- Parent Attorneys
- Family Court Judges

## Location:

121 South Fruit St.  
Concord, NH

## Registration:

\$55 per class  
\$150 for all 3 in the series  
Lunch will be provided

## Hosted by:

Choices Recovery  
Trainings

Trainer: Ginger Ross  
Founder

NH Recovery Academy  
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## To Register:

<https://foundationsforrecovery.eventbrite.com>

