

## NH Board of Nursing

### Position Statement and Clinical Practice Advisories Regarding the Role of the RN/LPN in Dermatology/Cosmetic Services

It is important to note that dermatology/cosmetic procedures are delegated skills performed under the supervision of a physician or an APRN, because the assessment, evaluation, and documentation regarding diagnosis and treatment are not under the scope of RN or LPN practice.

Training and competency required pursuant to Nur 405.01

LPNs with appropriate training can do these procedures but must have on site supervision. The initial assessment must be done by a provider.

\*Provider Order required section– A provider should be available for medical supervision in person or by telecommunication methods for consultation and/or referral. The provider is expected to be available within 4 hours of the treatment when requested by the nurse or client/patient.

The following grid contains responses to specific frequently asked questions pertaining to this topic.

From Mayo Clinic: <http://www.mayoclinic.org/tests-procedures/laser-resurfacing/basics/definition/prc-20019469>

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#### Definition of Non-Ablative vs Ablative:

Laser resurfacing is a skin resurfacing procedure that uses a laser to improve the appearance of your skin or treat minor facial flaws. Laser resurfacing can be done with two types of lasers:

- A wounding (ablative) laser, which removes thin layers of skin
- A non-wounding (non-ablative) laser, which stimulates collagen growth and tightens underlying skin

## NH Board of Nursing Aesthetic Procedures Guidelines

LASER, LIGHT & ENERGY BASED DEVICES	LPN	RN
<b>Laser</b>		
Non Ablative, Non Vaporizing for Hair Removal only	X	X
Non Ablative, Non Vaporizing for Treatment of Skin (e.g. brown spots, pigmentary disorders, facial vessels & redness, tattoos)	X	X
<b>Laser &amp; Light</b>		
Total Ablative, Vaporizing, Laser Resurfacing		X
Ablative, epidermis Only	X	X
<b>Fractionated Laser</b>		
Non Ablative	X	X
Epidermis only	X	X
Ablative		X
Photo Dynamic Therapy using ALA (interrupts dermis in whole or in part) (Aminolevulinic Acid also known as Levulan and Kerastick)	X	X
<b>Light</b>		
Light Emitting Diodes (LED)	X	X
Intense Pulsed Light Therapy (IPL) for Hair Removal (e.g. Brown spots, facial vessels and redness)	X	X
<b>Radio Frequency Devices</b>		
(For Skin Tightening & Photo-Rejuvenation Only)	X	X
Mono-polar (non-invasive)	X	X
Bi-Polar	X	X
Combination	X	X
<b>Combination Modalities</b>		
Laser & Radio Frequency	X	X
Intense Pulsed Light & Radiofrequency	X	X
Ultrasound for Esthetic Procedures	X	X
<b>Mechanical</b>		
Exfoliation (superficial & non superficial) (non-invasive)	X	X
Microdermabrasion *superficial & non-superficial) (non-invasive)	X	X
Dermaplane Exfoliation (superficial & non superficial) (non-invasive)	X	X
Lymphatic Drainage	X	X
Whole body superficial (non-invasive)	X	X
Microneedling (0.25-0.5mm)	X	X
Microneedling (1mm & up)		X
<b>Chemical</b>		
Chemical Peels (non-invasive)	X	X
Chemical Peels – TCAs of any concentration	X	X
<b>Cold/Heat</b>		
Destruction of fat with Non Invasive methods (e.g. Coolsculpt)	X	X
<b>Provider Order Required*</b>		
<b>Injectables</b>		
Neuromodulators (botulinum exotoxins)		X
Tissue/Dermal Fillers / Tissue Volumizers may use blunt catheters or cannulas		X

Sclerotherapy		X
Plasma Rich Injectables		X
Plasma Pen- 5/2019 pending sufficient evidence of efficacy		
<b><i>Tissue Alteration</i></b>		
Soft Tissue		X
Remove Skin Tags		X
Hormone Pellets		X

Approved by the NH BON 6/16/2016