

## **NHNLMP Program**

The New Hampshire Board of Nursing and Trust Recovery Management wishes to announce a new program designed to assist nursing licensees/professionals in the State of New Hampshire. The New Hampshire Nursing License Monitoring Program (NHNLMP), a separate organization from the NH Board of Nursing, now offers helpful, caring, compassionate, and knowledgeable case management to assist and help nursing licensees/professionals who struggle with substance and alcohol use disorder as well as other impairments.

The goal of the NHNLMP is to provide referral services and case management to New Hampshire nursing licensees/professionals that help the helpers become and stay healthy. The mission of NHNLMP is to support nursing licensees/professionals in improving the health of these highly valued healthcare professionals, and thereby also contributing to the quality of patient care in the state of New Hampshire.

The self-referral program is a possible therapeutic alternative to a disciplinary tract. When individuals enroll in the NHNLMP they will be part of a monitoring program designed to be compassionate and helpful in every way. The NHNLMP will provide a Case Manager to each participant whose primary role will be to link and connect nursing licensees/professionals to evaluators who can determine if there is a problem that needs further addressing and treatment. The NHNLMP will link the licensee with treatment providers of substance use disorder if found necessary, and with mental health counseling, as well as medication management when appropriate.

The NHNLMP provides:

- Confidential consultation;
- Referrals for assessment and treatment;
- Recovery monitoring – The NHNLMP program monitors nurses while in treatment and recovery; and,
- Advocacy - The NHNLMP provides advocacy for nursing licensees/professionals to continue working when there is documentation of abstinence from alcohol and substance misuse.

For more information about Trust Recovery Drug & Alcohol Case Management services, please contact us today!

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