

LNA COMPENTECY SKILLS

Bed Making
Occupied
Surgical bed
Unoccupied/closed and open
Catheter Care
Convert Gravity to leg bag
Empty and Measure drainage bag
Infection Control
Don and doff gloves,gown,mask, goggles
Handling soiled items
PPE application
Washing hands
Mobility and Ambulation
Application of gait belt
Proper use of wheelchair
Stand Lift (must be 18 years old to operate)
Use of Cane
Use of Walker
Nutrition
Feeding
I+O documentation (record and convert)
Serving food and beverages

Oral Care
Brushing teeth
Dentures
Flossing teeth
Unconscious mouth care
Personal Care
Back rub
Bath- complete bed bath
Bath- Partial
Combing and brushing hair
Dressing
Eye glasses
Foot care
Hearing Aid
Lotions to bony prominences
Hand Care
Peri-care-female and male
Shampoo
Shave
Shower
Undressing/Dressing
Whirlpool
Rehabilitation
Alignment in bed
Alignment in chair
Position Pillows
ROM-Active
ROM-passive
Support hose
Support splints
Turning/positioning

Safety
Privacy Curtain
Heimlich maneuver
Use of bed brakes
Use of call bell
Use of side rails
Use of w/c brakes
Toileting
Assisting with toileting
Bedpan
<i>Adult Briefs</i>
Urinal
Transfers
Gait belt
Bed to wheelchair
Chair to commode
Mechanical lift (must be 18 years old to operate)
One person
Two person
Treatments
First Aid
Vital Signs/Measurements
Blood Pressure-take and record
Radial Pulse
Respirations
Temperature: oral, axillary and rectal temperatures
Weight/Height