

## FREE TRAINING ON THE FAMILY IMPACT OF ADDICTION

It seems that drugs are everywhere. More and more of our patients are affected by drug use, dependence or addiction, or they have family members with substance use problems. The New Hampshire Bureau of Drug and Alcohol Services is now offering free training to help you and your office staff better understand the neurologic basis of addiction and the broad-reaching mental, physical, emotional and spiritual effects of drug dependency. These trainings also cover the stages of change, intervention strategies and resources to help your patients deal with drug and alcohol use. To learn more about these and other trainings, log on to the Department of Health and Human Services' website at <https://www.dhhs.nh.gov/dcbcs/bdas/training.htm> . Whether you go yourself or have your office care coordinator or social worker attend, you will be better equipped to help families address the growing problem of drug and alcohol use. This is information that you will find extremely useful in your daily work to improve the health of your patients.

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This message brought to you by the New Hampshire Child Fatality Review Committee