



STATE OF NEW HAMPSHIRE
OFFICE OF PROFESSIONAL LICENSURE AND CERTIFICATION
BOXING AND WRESTLING COMMISSION

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STANDING ORDER

Order Waiving Amateur MMA Competitor Shin and Instep Pad Requirements

The Boxing and Wrestling Commission has the authority to initiate a waiver of a substantive rule pursuant to N.H. Administrative Rules Plc 211.01 and 211.09. The Commission issues this standing order (“Order”), effective August 27, 2024, waiving the requirement in Box 702.01(a)(1) stating that all amateur mixed martial arts fighters “shall wear shin pads and instep pads made for competition in combat sports.”

This Order finds that such waiver is consistent with criteria set forth in Plc 211.09(b) that “good cause exists” for granting a waiver of substantive rule.

The Board finds that adherence to the newly adopted rule is not in keeping with current accepted practices for amateur MMA competitions and would represent a requirement which is not necessary for relative health and safety of participants. Additionally, this could cause hardship to amateur MMA fighters who did not foresee this new rule’s implementation, possibly resulting in noncompliance and resulting in discipline.

The Board thus finds there is good cause to waive Box 702.01(a)(1) requiring all amateur MMA fighters to wear shin pads and instep pads made for competition in combat sports. This Order hereby waives the requirement in Box 702.01(a)(1) for all amateur MMA fighters to wear shin and instep pads.

This Standing Order shall expire on August 27, 2026.

By Order of the Board:

Date: 8/26/2024

Board Chair: 