State of New Hampshire Board of Medicine Concord, New Hampshire

In the Matter of:

Constance Tambakis-Odom, M.D.

License No.: 18284

Docket No.: 20-MED-0009

FINAL DECISION AND ORDER

Before the New Hampshire Board of Medicine ("Board") is an adjudicatory/disciplinary proceeding in the matter of Constance Tambakis-Odom, M.D.("Respondent" or "Dr. Tambakis-Odom") in Docket Number 20-MED-0009.

Background Information

- 1) On November 6, 2018, the North Carolina Medical Board ("North Carolina Board"), issued a public letter of concern ("LOC") against Constance Tambakis-Odom, M.D. ("Dr. Tambakis-Odom" or "Respondent"). Pursuant to the terms of this LOC, Dr. Tambakis-Odom was required to attend and successfully complete the Professional/Problem-Based Ethics ("ProBe") course offered by the Center for Personalized Education for Physicians ("CPEP").
- 2) The LOC was based on concerns by the North Carolina Board that Dr. Tambakis-Odom wrote hormone prescriptions for an immediate family member from November 2014 to March 2016 and prescriptions for controlled substances in 2013, 2015, and 2016. The LOC indicates that none of the inappropriate prescriptions were adequately documented in a medical record. The North Carolina Board also expressed concerns that Dr. Tambakis-Odom wrote a controlled substance prescription for a friend in March 2013, again without adequately documenting the prescription in a medical record.
- The LOC is not considered disciplinary action or a limitation or restriction on Dr.
 Tambakis-Odom's license.

- 4) On February 19, 2019, the Medical Board of California issued Respondent a Public Letter of Reprimand ("California Order") for the underlying matter that gave rise to the North Carolina LOC and the action taken by the North Carolina Medical Board.
 - 5) On May 2-4, 2019, Respondent successfully completed the ProBe course.
- 6) On May 16, 2019, Respondent was issued a reprimand by the Maryland State Board of Physicians ("Maryland Order") as a result of the California Order.
- 7) On June 29, 2019, Respondent and the State of Rhode Island Department of Health, Board of Medical Licensure and Discipline entered a Consent Order ("Rhode Island Order"), wherein it reprimanded Respondent based on the California Order and the Maryland Order.
- 8) On September 17, 2019, the State of Connecticut Department of Public Health,
 Healthcare Quality and Safety Branch reprimanded Respondent ("Connecticut Order") on the basis
 that she was disciplined in the states of California and Maryland.
- 9) On June 11, 2020, the Missouri State Board of Registration for the Healing Arts and Respondent entered into a Settlement Agreement ("Missouri Order") whereby Respondent was reprimanded.
- 10) The California Order, Maryland Order, Rhode Island Order, Connecticut Order and Missouri Order are final disciplinary actions taken against Respondent by another state agency.
- 11) Pursuant to RSA 329:17-c, when the Board receives "an administratively final order from the licensing authority of another jurisdiction which imposes disciplinary sanctions against a licensee of the board, ... the board may issue an order directing the licensee to appear and show cause why similar disciplinary sanctions ... should not be imposed in the state."
- 12) Accordingly, Dr. Tambakis-Odom was ordered on August 11, 2020 to appear and show cause why disciplinary sanctions similar to those imposed by the Medical Board of California, the

Maryland State Board of Physicians, the State of Rhode Island Department of Health, Board of Medical Licensure and Discipline, the State of Connecticut Department of Public Health, Healthcare Quality and Safety Branch and the Missouri State Board of Registration for the Healing Arts should not be imposed in New Hampshire.

The Hearing commenced on November 4, 2020 at 1:00 p.m. The Board members present included:

Daniel P. Potenza M.D., President

David C. Conway, M.D., Vice President

Emily R. Baker, M.D.

Michael Barr, M.D.

Jonathan Ballard, M.D., M.P.H.

Gilbert J. Fanciullo, M.D.

Richard Kardell, M.D.

Susan M. Finerty, P.A.

Nina C. Gardner, Public Member

Donald L. LeBrun, Public Member

Linda M. Tatarczuch, Public Member

Gilbert J. Fanciullo, M.D., Board Member, served as presiding officer. Dr. Tambakis-Odom appeared and represented herself.

The presiding officer asked Dr. Tambakis-Odom if she had any exhibits to present. She had none.

Discussion and Rulings

The presiding officer opened the hearing and offered Dr. Tambakis-Odom time to provide an opening statement. Dr. Tambakis –Odom explained to the Board members present that she has learned from her mistake of prescribing to a family member and recognizes that it exercised poor judgement and violated boundaries. She indicated she successfully completed the required ProBe course and that none of the states restricted her license. She reported no further incidents of this type of prescribing behavior.

Disciplinary Sanctions

The issue before the Board is whether Dr. Tambakis-Odom should be subject to disciplinary sanctions similar to those imposed by the other Boards pursuant to RSA 329: 17-c.

After hearing testimony from Dr. Tambakis-Odom, the Board voted unanimously by roll call to issue a reprimand based on the North Carolina's Board's conclusion that Dr. Tombakis-Odom wrote prescriptions for family members and friends and exhibited poor record management.

THEREFORE, IT IS ORDERED that the Respondent is REPRIMANDED; and
IT IS FURTHER ORDERED that this Final Decision and Order shall become a
permanent part of the Respondent's file, which is maintained by the Board as a public document;
and

IT IS FURTHER ORDERED that this Final Decision and Order shall take effect as an Order of the Board on the date an authorized representative of the Board signs it.

BY ORDER OF THE BOARD

Dated: 12/14 , 2020

Christine Senko, Interim Administrator Authorized Representative of the New Hampshire Board of Medicine