

STATE OF NEW HAMPSHIRE
OFFICE OF PROFESSIONAL LICENSURE AND CERTIFICATION
DIVISION OF HEALTH PROFESSIONS

BOARD OF PHARMACY

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Board of Pharmacy

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Dear Licensee,

It's no secret that New Hampshire is Ground Zero for the opioid epidemic in the US. Our state's lack of treatment funding, rural context and high prescription rates all contribute to the problem. And the reality is that the problem is far-reaching and doesn't discriminate for age, gender, race or occupation – this includes the health care professions.

We know that 10-12% of the general population will succumb to the grips of addiction, and that HEALTH CARE PROFESSIONALS ARE NOT immune to this statistic. In fact, alcohol misuse and dependence is a much more pervasive problem among health care professionals and the number of practitioners with mental health and behavior problems is even greater. **The New Hampshire Professionals Health Program (NHPHP) is here to help!**

The NHPHP is a nonprofit organization, independent of other medical organizations and the State of New Hampshire. The NHPHP has been contracted by the New Hampshire Office of Professional Licensure and Certification and the New Hampshire Department of Agriculture to provide peer assistance services to NH licensed physicians, physician assistants, dentists, pharmacists, and veterinarians who are experiencing difficulties with substance abuse and addiction, psychiatric and/or behavioral health concerns, stress/burnout, work-related conflicts or professionalism concerns that are self-recognized or have come to the attention of an employer or licensing board.

NHPHP provides intake assessments, treatment referral, monitoring when indicated, as well as recovery documentation, education, advocacy and support. NHPHP believes that early intervention and treatment offers the best opportunity for a successful outcome and for preventing a health issue from becoming a work issue. NHPHP is both free and confidential as required by law or regulation.

And non-punitive options for treatment exist! The NHPHP offers a confidential pathway for those professionals who recognize the need to self-report and enter into treatment and monitoring without any perceived penalty or licensing board involvement (unless there is a relapse or monitoring agreement violation).

For more information about NHPHP services, please visit www.nhphp.org or contact us today!

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