

Checklist for the Prescribing of Opioids for the Management or Treatment of Pain

Excludes cancer and terminal pain and does not apply to the supervised administration of opioids in a health care setting.

Patient name & date

For **ALL** Pain (Acute and Chronic)

- Documented history and physical
- Complete Board approved risk assessment tool to determine patient appropriateness for opioids
- Treatment Plan that includes consideration of nonpharmacological modalities and non-opioid options for pain
- Lowest effective dose for fewest number of days
- Informed Consent outlining risks and benefits of opioid use
- Query the NH PDMP* (Prescription Drug Monitoring Program) Initial script: _____ (date)
Prescriber may want to print the PDMP query results/screen shot for the medical record

*Exceptions for PDMP use: Controlled Rx *administered* to patient; PDMP inaccessible due to electronic issue; or ED with high patient volume such that querying the PDMP would create a delay in care.

Acute Pain

- Document opioid prescription and rationale
- Prescription limited to 7 days when issued in emergency dept., urgent care or walk-in clinic
- For unresolved acute pain where continuity of care is anticipated: No obligation to prescribe opioids for more than 30 days; however, if unresolved acute pain persists beyond 30 days, requires an in-office, follow-up appointment _____ prior to issuing a new script.
(date)

Chronic Pain

- Written Treatment Agreement **
- Consideration of pain consultation for patients receiving 100mg morphine equivalent daily dose > 90 days
- Reevaluate Treatment Plan and use of opioids at least twice per year: _____ (date) _____ (date)
- Re-check PDMP, at least twice per year: _____ (date) _____ (date)
- Urine Drug Screens ** at least annually for patients taking opioids > 90 days:
_____ (date) _____ (date)

** Not required for patients in long-term, non-rehab facility when opioid is administered or for patients with episodic intermittent pain receiving no more than 50 dose units in a 3 month period.