

How to Estimate Skin Type

Determination based on hereditary disposition

	0	1	2	3	4	Points
Natural eye color	Light blue, gray, green	Blue, gray green	Blue	Dark Brown	Brownish black	
Natural hair color	Sandy Red	Blond	Chestnut or dark blond	Dark Brown	Black	
Untanned skin color	Reddish	Very pale	Pale w/beige tint	Light brown	Dark brown	
Freckles	Many	Several	Some	Few	None	

Determination Based on Tanning History

	0	1	2	3	4	Points
What happens when you stay in the sun too long?	Painful, redness, peeling, blistering	Burn regularly with peeling	Burn sometimes with peeling	Rarely burn	Never burn	
To what degree do you tan	Hardly or not at all	Tan little or lightly	Tan moderately	Tan very easily	Quickly turn dark brown	
Do you turn brown immediately after tanning	Never	Hardly	Sometime	Often	Always	
How does your face react to the sun in regard to burning	Very sensitive	Sensitive	Normal	Barely sensitive	Never a problem	

Client signature _____ Date _____

Print Name _____

Total Points

ONLY the Certified Operator can give Total Points.

Operator Signature _____ Date: _____

Total Points	Skin Type	Skin Color	Skin Reaction to the Sun Per RSA 313-A:1, VIII-a
0-7	I	White; very fair; red or blond hair; blue eyes; freckles	Always burns easily, never tans
8-16	II	White; fair; red or blond hair; blue, hazel, or green eyes	Always burns easily, tans minimally
17-25	III	Cream white; fair white any eye or hair color; very common	Burns moderately, tans gradually
25 or more	IV	Brown; typical Mediterranean caucasian skin	Burns minimally, always tans well
25 or more	V	Dark Brown; mid-eastern skin types	Rarely burns, tans profusely
25 or more	VI	Black	Never burns, deeply pigmented